

COMMUNION GUIDE

How To Talk About Communion At Home

We are all born separated from God because of sin. Those who confess their sin and turn away from it to follow Jesus are adopted into God's family. This is called repentance. God's children no longer live for sin but know, love, trust and obey Him. God commands His children to be baptized and to remember through communion to celebrate His miraculous story of salvation.

What Is Communion?

Communion is a symbol! The bread represents Jesus' broken body, and the juice represents Jesus' blood that was shed when He died on the cross. Communion is also a celebration! Believers remember Jesus' sacrifice while celebrating that He is no longer dead. Jesus beat sin and death! Communion is when believers remember Jesus' death and celebrate the resurrection by eating bread and drinking juice.

Who Can Participate?

Communion is only for believers. If you love and trust Jesus, communion is very special. If you don't love and trust Jesus, it's just a teeny tiny snack that won't fill you up. The Bible tells us that if you are not a Christian, you should not take communion. Spend some time talking with mom, dad or whoever is with you today about what it means to be a Christian.

